



Spiral Cowl

...a pattern by Knitty Gritty Thoughts
Version 2 - updated 12/2010

DIFFICULTY LEVEL - *Easy Peasy*

This cowl pattern is an easy, enjoyable and mindless knit.

The center chart is framed by a pretty picot edging and once you get started with the pattern it will be hard to stop!

MATERIALS

Manos del Uruguay Manos Silk Blend - 2 skeins - or approx 200 yards of any comparable DK weight yarn will do. Handspun will work wonderfully with this design as well!

US 6 16" needles or appropriate size for gauge.

Darning Needle & Stitch Marker

GAUGE - 6sts/inch in stockinette

FINISHED SIZE - Approximately 21.5 inches wide

ABBREVIATIONS

K - knit

RS - right side

YO - Yarn Over

K2tog - Knit 2 together

CO - cast on

BO - bind off

st(s) - stitch(es)

KFB - knit front and back through stitch, causing an increase

WRITTEN CHART DIRECTIONS

Pattern Repeat is worked over 7 rows-

Row 1 (RS): Knit 6, K2tog, YO - repeat to end of round

Row 2 (RS): Knit 5, K2tog, YO, K1 - repeat to end of round

Row 3 (RS): Knit 4, K2tog, YO, K2 - repeat to end of round

Row 4 (RS): Knit 3, K2tog, YO, K3 - repeat to end of round

Row 5 (RS): Knit 2, K2tog, YO, K4 - repeat to end of round

Row 6 (RS): Knit 1, K2tog, YO, K5 - repeat to end of round

Row 7 (RS): K2tog, YO, K6 - repeat to end of round

SPIRAL LACE PATTERN

						○	/	7
						○	/	6
				○	/			5
			○	/				4
		○	/					3
	○	/						2
○	/							1

CHART KEY

Knit

K2tog /

YO ○

PATTERN INSTRUCTIONS

BEGIN PICOT EDGE

CO 128 sts (or any multiple of 8 stitches to adjust for different yarn or needles)

Join in the round and place marker. You will begin with your picot edge - Knit 5 rounds and then next round (YO, K2tog) repeating until end of round. Knit 5 more rounds. On the next round, fold the hem together and knit stitches together with the cast-on edge. Here is a great tutorial showing how to do this - http://www.knitting-and.com/wiki/Picot_Hem

(Note - If you'd like you can CO provisionally at the beginning for ease of joining edging.)

One the hem joining is completed, knit 1 round plain.

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BEGIN LACE PATTERN

Begin the spiral lace pattern from row 1 using either the chart or written directions. If you CO 128 stitches you will have 16 repeats of the lace pattern in the round. Knit rows 1 through almost the end of row 7 as per written instructions or chart. At the end of row 7, follow the pattern around all the way as written until you get to the last repeat. Now, K2tog, YO, Knit 4, KFB. Slip next stitch to right needle. Remove stitch marker. Slip the stitch back to the left needle. Replace marker. K2tog, YO, K6 all the way around. You will have a new beginning of round. The pictures below show how the stitches are moved around the marker.



Now, continue K2tog, YO, Knit 6 all the way around. You will continue slipping the stitch marker in the same manner described above at the end of every round. Please see the picture to the right with how the end of round looks. This will cause the beginning of the round to move slightly. OR you can remove the stitch marker and just K2tog, YO, K6 around and around which makes it a super fast and easy knit. Continue working the spiral lace pattern until the cowl is approx 8 inches tall. Knit 1 round plain.



PICOT EDGE

Start picot edging by knitting 5 rounds plain. On the next round (YO, K2tog) repeating until end of round. Knit 5 more rounds. BO work. Grab your darning needle and sew the BO edge to your plain edge to form a picot hem.

FINISHING

Weave in all ends and give it a good soak.

If you'd like, there should be enough ease in your cowl to fold it over to wear with a shawl stick or button. To add a button, wait until it's dry and then try it on, folding the extra edging over where you wear it and mark it with a stitch marker. Take it off and sew on the button and then crochet a short single chain and fasten it to your cowl to hold the button in place.

Happy Wearing! =)

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